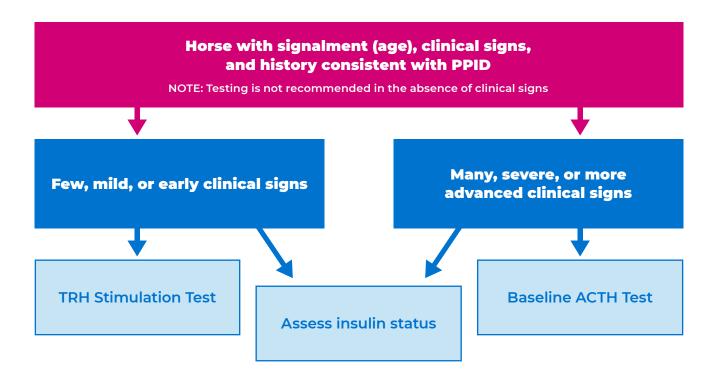


# Diagnosing PPID: TRH vs ACTH Testing<sup>1</sup>



### **Practice tips:**

- $\cdot \quad \text{In aged horses with generalized hypertrichosis, initiation of treatment without further testing is also appropriate.} \\$
- If TRH stimulation testing is not feasible, baseline ACTH alone can be used for diagnosis, but may be less supportive of diagnosis in the earlier stages of the disease.





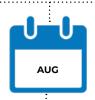
# Diagnosing PPID: Early vs Advanced Clinical Signs

## If early clinical signs are observed











## Recommended Diagnostic Test:

Thyrotropin-releasing hormone (TRH) stimulation test measuring ACTH

T-10 reference ranges: PPID Unlikely: < 100 pg/mL Interpretive: 100–200 pg/mL PPID Likely: > 200 pg/mL

#### **Resting ACTH**

PPID Unlikely: < 15 pg/mL Interpretive: 15-40 pg/mL PPID Likely: > 40 pg/mL

## Recommended Diagnostic Test:

#### **Resting ACTH**

**PPID Unlikely:** < 15 pg/mL **Interpretive:** 15–50 pg/mL **PPID Likely:** > 50 pg/mL

## Recommended Diagnostic Test:

#### **Resting ACTH**

**PPID Unlikely:** < 20 pg/mL **Interpretive:** 20–75 pg/mL **PPID Likely:** > 75 pg/mL

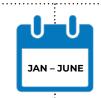
# Recommended Diagnostic Test:

#### Resting ACTH

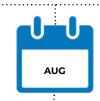
PPID Unlikely: < 30 pg/mL Interpretive: 30-90 pg/mL PPID Likely: > 90 pg/mL

## If advanced clinical signs are observed<sup>1</sup>











## Recommended Diagnostic Test:

**Resting ACTH** 

**PPID Unlikely:** < 15 pg/mL **Interpretive:** 15–40 pg/mL **PPID Likely:** > 40 pg/mL

## TRH stimulation test measuring ACTH\*

T-10 reference ranges:

PPID Unlikely: < 100 pg/mL Interpretive: 100–200 pg/mL PPID Likely: > 200 pg/mL

## Recommended Diagnostic Test:

Resting ACTH

**PPID Unlikely:** < 15 pg/mL **Interpretive:** 15–50 pg/mL **PPID Likely:** > 50 pg/mL

## Recommended Diagnostic Test:

**Resting ACTH** 

**PPID Unlikely:** < 20 pg/mL **Interpretive:** 20–75 pg/mL **PPID Likely:** > 75 pg/mL

#### Recommended Diagnostic Test:

**Resting ACTH** 

PPID Unlikely: <30 pg/mL Interpretive: 30–90 pg/mL PPID Likely: > 90 pg/mL

\*Practice Tip: It is recommended to perform the TRH stimulation test in horses with a history of and clinical signs consistent with advanced PPID when resting ACTH results are in the interpretive zone or unlikely reference ranges.

<sup>1</sup> Equine Endocrinology Group (EEG) PPID Recommendations, 2023.

**QUESTIONS?** Please contact Boehringer Ingelheim Customer Care at **888-637-4251 or CustomerCare@boehringer-ingelheim.com** 

